

## DAGENHAM PARK SUBJECT CURRICULUM

<b>Subject</b>	<b>Personal Development Education</b>
<b>Year Group</b>	<b>Year 7</b>
<b>Overview</b>	<b>Pupils in Year 7 begin their five-year PDE spiral curriculum. Units are sequenced under the following titles Living in the Wider World, Health and Well Being and Relationships. The quality of education in PDE is based on the fundamental vision that we are equipping our pupils with the knowledge, skills and understanding to keep safe and healthy, and preparing then for life and work in modern Britain.</b>
<b>Term by Term</b>	
<b>Autumn Half term 1</b>	<p><b>Living in the Wider World</b>  <b>To understand how we should live as a community at Dagenham Park and embrace opportunities to develop our core values.</b>                      Why do we do PDE?                      What are the DP values and what do they mean?                      How will I live by these values in school and in my life?                      Why is it important to have values?                      How should I behave around others?                      How will developing these values now help me in my future?</p>
<b>Autumn Half term 2</b>	<p><b>Living in the Wider World</b>  <b>To gain some insight into managing money.</b>  <b>To understand the skills and attributes that will help me in my future career, and how I am already developing those skills now.</b>                      What is involved in saving and borrowing money?                      How do I budget my money?                      What skills and attributes am I developing now?                      What do I need to consider now when planning my future career?                      What does employability mean?                      What does transferable skills mean?</p>
<b>Spring Half term 1</b>	<p><b>Health and Well Being</b>  <b>To understand and learn to manage the physical and emotional changes during puberty.</b>                      What changes happen to the body during puberty?                      What are menstruation and wet dreams?                      Why do my feelings change and how can I manage them?                      What is sexualised bullying and name-calling?                      Why is body shaming so damaging?                      How can boost my body confidence and self-esteem?</p>
<b>Spring Half term 2</b>	<p><b>Health and Well Being</b>  <b>To learn how to stay safe around drugs, alcohol and tobacco.</b>                      What are legal and illegal drugs?                      What are the different classes of drugs?                      How do I resist peer pressure surrounding smoking and vaping?                      How do I manage drug related incidents?                      What are volatile substances and why are they dangerous?                      How to I use basic first aid?                      How do I call 999?</p>
<b>Summer Half term 1</b>	<p><b>Relationships</b>  <b>To understand how to stay safe when communicating with others online.</b></p>

	<p>What is online grooming?          What are the warning signs of online grooming?          What is live streaming?  <b>Case Study "Charlies Story" Think You Know</b>          Why is sharing videos online dangerous?          How do I stay safe from online scams, fraud and phishing?          How do I protect myself from cyber bullying?          What are the features of a healthy friendship online and off?</p>
<p><b>Summer          Half term 2</b></p>	<p><b>To understand why human rights are important for us all.</b>          Why do we need rules to create fairness?          What are Human Rights?          How do Human Rights link?          What are equalities? How does human rights and equalities link?          What does it mean to respect, protect and promote human rights?          What are British values?          Why should we live by these values?  <b>Case Study Malala Yousafzai</b></p>
<p><b>Useful Resources</b></p>	<p><a href="http://www.childline.org.uk">www.childline.org.uk</a>  <a href="http://www.ceop.police.uk">www.ceop.police.uk</a>  <a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a>  <a href="http://www.bullying.co.uk?cyberbullying">www.bullying.co.uk?cyberbullying</a>  <a href="http://www.stonewall.org.uk">www.stonewall.org.uk</a>  <a href="http://www.fpa.org.uk">www.fpa.org.uk</a>  <a href="http://www.talktofrank.com">www.talktofrank.com</a>  <a href="http://www.nhs.uk/apps-library/chathealth/">www.nhs.uk/apps-library/chathealth/</a>  <a href="http://www.kudos.cascaid.co.uk/#/">www.kudos.cascaid.co.uk/#/</a></p>