

Statement of Intent – The intention of the PE department is to inspire all pupils to develop a love of sport. During Key Stage 3 we want to offer pupils experiences in a broad range of sports, some of which are well known and embedded in our culture and some which offer new exciting opportunities. We want to develop pupils' physical qualities by improving co-ordination, power and agility while also developing their emotional attributes as they become more confident, courageous and resilient. PE offers opportunities that are unique, and we want to instil pride in performance and embed a competitive spirit which is rooted in fair play and sportsmanship in every individual.

As pupils move into Key Stage 4, we continue to develop both the physical and mental capabilities of each pupil. In practical lessons pupils endeavour to master the skills and techniques within sports and we explore the use of tactics and strategies to help achieve success when in competition. We develop pupils understanding of health and fitness and embed good lifestyle habits for the future.

Pupils can study GCSE PE and Cambridge National Sports Studies. Both courses are fantastic and offer pupils the chance to explore the world of sport at a deeper level. The courses consider contemporary issues in society which effect sport such the media, gamesmanship/ethics and sports psychology. Pupils continue to explore the science of sport as they study anatomy and physiology. These courses ensure pupils have a broad and balanced view of sport. Both courses recognise the importance of practical performance and pupils will participate in practical assessments that form part of their final assessment grade.

Pupils with a passion for PE can continue to DP6 and study a BTEC Level 3 extended diploma in Sport. This builds upon the knowledge and skills developed at Key Stage 4 whilst offering new opportunities such as coaching and leading sporting events and festivals. This course is an ideal starting point for someone who wants to pursue a career in the sports industry. The PE department continues to encourage all to participate in sport and remain active and all DP6 pupils are offered the opportunity to participate in a range of 'enrichment activities' with participation, enjoyment and fun at the heart of the sessions.

At Dagenham Park we want all pupils to enjoy participating in PE and to understand the importance of a healthy active lifestyle and the benefits that this will bring. We want to challenge the most able to achieve excellence through examination courses and through competition. We ensure pupils have fantastic extra-curricular opportunities in a range of sports and strive for success in borough and county competitions.

We hope to inspire the next generation of sportsmen and sportswomen. We want them to embrace the opportunities that sport can offer by creating a safe inspirational learning environment where all pupils aspire to build positive relationships. We want to help pupils succeed in reaching their full potential in sport and physical activity whilst developing core values of fairness, respect and pride.